



Rules & Regulations	U9/U10 Mixed	U12 Mixed	U14 Mixed	U16 Male	U18 Male	U10 Female	U12 Female	U14 Female	U17 Female
Day of Play	Friday Night / Saturday	Friday Night / Saturday	Sunday	Saturday	Saturday	Sunday	Sunday	Sunday	Sunday
Players on Field	15 (Unlimited on bench)	16 (Unlimited on bench)	18 (5 on bench)	18 (5 on bench)	18 (5 on bench)	15 (Unlimited on bench)	16 (Unlimited on bench)	16 (5 on bench)*	16 (5 on bench)*
Competitive/Non-comp	Non-Competitive	Non-Competitive	Competitive (finals)	Competitive (finals)	Competitive (finals)	Non-Competitive	Non-Competitive	Competitive (finals)	Competitive (finals)
Minimum Players	12	12	14	14	14	12	12	14	14
Maximum ground size / use of zones	100 x 80 // 3 zones of 5 players	120 x 80 // No Zones	Full Size	Full Size	Full Size	100 x 80 // 3 zones of 5 players	120 x 80 // No Zones	Full Size	Full Size
Match length	4 x 12 min	4 x 15 min	4 x 15 min	4 x 18 min	4 x 20 min	4 x 12 min	4 x 15 min	4 x 15 min	4 x 18 min
Breaks	3 min; 6 min; 3 min	3 min; 6 min; 3 min	3 min; 10 min; 3 min	5 min; 10 min; 5 min	5 min; 10 min; 5 min	3 min; 6 min; 3 min	3 min; 6 min; 3 min	3 min; 10 min; 3 min	5 min; 10 min; 5 min
Competition details	Scoring permitted No ladders or finals permitted. No recording of best players and goal kickers permitted.	Scoring permitted No ladders or finals permitted. No recording of best players and goal kickers permitted.	Scoring, ladders & finals permitted. Recording of best players and goal kickers permitted.	Scoring, ladders & finals permitted. Recording of best players and goal kickers permitted.	Scoring, ladders & finals permitted. Recording of best players and goal kickers permitted.	Scoring permitted No ladders or finals permitted. No recording of best players and goal kickers permitted.	Scoring permitted No ladders or finals permitted. No recording of best players and goal kickers permitted.	Scoring, ladders & finals permitted. Recording of best players and goal kickers permitted.	Scoring, ladders & finals permitted. Recording of best players and goal kickers permitted.
Contact	Modified tackle / no bump. Players cannot bump / push an opponent, knock/steal the ball out of their hands or smother an opponent's kick.	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)	Modified tackle / no bump. Players cannot bump / push an opponent, knock/steal the ball out of their hands or smother an opponent's kick.	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)	Tackling is permitted as per the Laws of Australian Football. (no sling tackle permitted)
Ball size	U9's Synthetic size 2 U10's Synthetic size 3	Synthetic size 3	Leather size 4	Leather size 5	Leather size 5	Synthetic size 2	Synthetic size 3	Synthetic size 4	Leather size 4
Umpiring	Club appointed 2 field, 2 goal (one each per club)	Club appointed 2 field, 2 goal (one each per club)	2 field (appointed), 2 goal (club)	2 field (appointed), 2 goal (club)	2 field, 2 goal, 2 boundary (all appointed)	Club appointed 2 field, 2 goal (one each per club)	Club appointed 2 field, 2 goal (one each per club)	2 field (appointed), 2 goal (club)	2 field (appointed), 2 goal (club)
Coaching position	On-Field	Sideline	Sideline	Sideline	Sideline	On-Field	On-Field	Sideline	Sideline
Bounces	1 bounce in a single possession	3 bounces in a single possession	Unlimited	Unlimited	Unlimited	1 bounce	3 bounces in a single possession	Unlimited	Unlimited
Marking	A mark is awarded irrespective of the distance the ball has travelled to any player who catches it or shows control	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 10 metres.	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 15 metres.	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 15 metres.	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 15 metres.	A mark is awarded irrespective of the distance the ball has travelled to any player who catches it or shows control	A mark is awarded irrespective of the distance the ball has travelled to any player who catches it or shows control	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 15 metres.	A mark is awarded when a player catches the ball directly from another player's kick that has travelled at least 15 metres.
Out of Bounds	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules	Last Disposal Rule applies as per AFL Barwon Competition Rules
Kick off the ground	Not permitted unless accidental	Not permitted unless accidental	Permitted	Permitted	Permitted	Not permitted unless accidental	Not permitted unless accidental	Permitted	Permitted
Stealing, smothering, shepherding, barging	No stealing, smothering, shepherding or barging	Permitted as per Laws of the Game	Permitted as per Laws of the Game	Permitted as per Laws of the Game	Permitted as per Laws of the Game	No stealing, smothering, shepherding or barging	Permitted as per Laws of the Game	Permitted as per Laws of the Game	Permitted as per Laws of the Game
Penalties	10m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	25m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	50m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	50m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	50m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	10m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	25m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	50m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.	50m penalty can be applied at the umpire's discretion if they feel a player has been hindered in any way. Players can be ordered off at the umpire's discretion.